

HANDLE recommendation

My 11-year-old son was working far below his potential and I was saddened by what I saw as a limited future for him. Diagnosed with ADHD and borderline for a few other designations, he was a challenge for teachers and a loving mystery for me.

When I turned to Valerie MacLean for help I wasn't sure what to expect --the HANDLE program seems a little unconventional and it is not cheap. I was highly motivated to unlock a more positive future for my son, however, and my instincts told me HANDLE was worth a try.

Less than three months after we started the program I found myself standing in the school gym with tears of joy streaming down my face as my son received an award for academic success. His teacher reports that he is more focused in class, participates regularly and constructively to discussions, pays attention when others are speaking and organizes his belongings without distress. At home he completes homework and chores of his own initiative, remembers to put things in his backpack that will be needed in class and he's developed a sense of humour that continually amazes me.

I'm not sure if HANDLE is just plain powerful or downright miraculous but if this is what just a couple of months will bring I am eagerly – and breathlessly – watching to see what happens next.

Thank you, Valerie, you have turned this mother into an optimist again!

S.C. - Oakville