The Phoenix Centre for Neurodevelopment presents:

The HANDLE® Approach Introductory & Basics Course Levels 1 &2

A course that will forever change your approach to learning, social and behavioural challenges

Friday (6-9pm), Saturday & Sunday (9am-5pm) November 10, 11 & 12, 2017

Elm Hurst Inn & Spa - Ingersoll, Ontario, Canada

415 Harris Street at Hwy 401 (Harris Street Exit #218 from Hwy 401) Overnight accommodations available by booking directly with Elm Hurst Inn & Spa 519-485-5321

HANDLE[®] (Holistic Approach to NeuroDevelopment and Learning Efficiency) Addressing the root causes of sensory, learning, cognitive, motor, social and behavioural challenges - for people of all ages, and for a wide range of issues.

Instructor: Valerie MacLean D.Sc.O., D.O.M.P. (Osteopathy), Neurodevelopmental Educational Therapist, Certified HANDLE Practitioner & Instructor

The course presents the work of Judith Bluestone, the originator of the HANDLE approach. In her book **The Fabric of Autism, Weaving the Threads into a Cogent Theory,** Bluestone combines her personal autistic experience with academic research and more than 40 years of clinical practice to craft a unique and compelling program. The HANDLE paradigm has proven itself a practical tool for achieving functional outcomes by applying a systems approach to assessment and customized treatment programs for individuals.

Disorganized, underdeveloped, or traumatized sensory systems use attention and mental energy to self-monitor and self-regulate what should be 'automatic'. These compromised systems leave less mental energy and cognitive attention for higher cognitive functions, and with less ease and efficiency. When neuroprocessing is not efficient, individuals may be hypersensitive or hyposensitive in their sensory world. Inefficiencies challenge the inherent need to balance our attentional priorities and disorders sensory processing.

Chaotic stimuli entering the consciousness at the same intensity and priority causes 'sensory overload' and 'shut down'.

Stressed systems do not strengthen, they shut down.

HANDLE – Helping Extraordinary People Do Ordinary Things

See accompanying registration form Information: catherineatphoenix@gmail.com phone 705-755-0200

For more information on the HANDLE approach: www.phoenixneurodevelopment.com & www.handle.org

Pre- Registration Discounts Offered on or before October 1st, 2017

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